

# Resident FAQ's Long Hill Township

#### How can I stay informed during this pandemic?

We will notify our residents of emergent situations using Alert LongHill. If you have not registered for these alerts yet, we highly recommend that you register HERE. We also encourage you to visit the following:

<u>Long Hill Township COVID-19 Task Force Page on the township website</u>

**Long Hill Township Facebook** 

Are there local food pantries available to Long Hill residents? We never had to think about using this service before, but now we find ourselves under a new set of circumstances.

Residents in need of supplemental food may call All Saints' Episcopal Church or contact LHT

Emergency Management Coordinator, Shayne Daly (908) 647-6131

**All Saints' Episcopal Church** – Twelve Baskets Food Pantry (908) 647-0067 ext. 4 and leave a confidential message

All Saints' is a partner agency of the Community FoodBank of NJ

More information on this and their other community programs:

http://www.allsaintsmillington.org/outreach.html

# I heard that there is a new mental health hotline that was established in Long Hill. How can I find out more about that?

Please click <u>HERE</u> to find out more information about this service and the hours. This hotline is in operation 7 days per week. <u>Of course, if this is an emergency, please call 9-1-1 or go to your local emergency room.</u>

#### Where and when do I have to wear a face mask?

This information below is from the NJ COVID-19 Information Hub and applies anywhere in the state of NJ.

The CDC <u>has recommended the use of cloth face coverings in community settings to help reduce the spread of COVID-19</u>. There is a growing body of evidence that asymptomatic or pre-symptomatic individuals can spread the virus.

In New Jersey, individuals *must* use a face covering when shopping at essential retail businesses, entering a restaurant or bar to pick up takeout orders, and when traveling on trains, buses, light rail, or paratransit vehicles.

The cloth face coverings recommended are **not** surgical masks. They are not medical grade N-95 respirators. Those are critical supplies that must continue to be reserved for healthcare workers and other first responders who are caring for the sick.

Cloth face coverings can be made at home from common materials like scarves or bandanas. A simple cloth face covering should cover the nose and mouth.

Cloth face coverings are **not recommended** for children under 2 years, people who are incapacitated, people who have difficulty breathing, or any other person who can not easily remove their own mask.

Wearing a simple cloth face covering is not a replacement for social distancing and does not exempt anyone from social distancing requirements.

#### How to wear a face mask

Cloth face coverings should---

- fit snugly but comfortably against the side of the face
- be secured with ties or ear loops
- include multiple layers of fabric
- allow for breathing without restriction
- be able to be laundered and machine dried without damage or change to shape

# How can I find out how many cases of COVID-19 we have in Long Hill?

Please check the Morris County Office of Health Management COVID-19 page on their website for a listing of confirmed cases by town. Please keep in mind, this report does have a lag in the numbers as many others are being tested, and this only shows those individuals who have been tested and confirmed to be positive for COVID-19. In addition, many others may be feeling symptoms and been resting and recuperating at home without being tested. This is a very contagious virus, so no one should become complacent. Click <a href="HERE">HERE</a> to be redirected to the Morris County Office of Health Management COVID-19 page.

How can I learn more information about the rates of hospitalizations and discharges in the state?

Click HERE to view.

# Who can I contact with health questions?

If you are not feeling well and are feeling any of the symptoms associated with the COVID-19 virus, please contact your doctor.

As always, if you have an emergency medical need, please dial 9-1-1 for all EMERGENCIES.

The state has developed a special website, "NJ COVID-19 Information Hub" where you can ask your questions and get a lot of additional information. You can also visit the NJ Department of Health website (NJ Health). Also, NJ Health has developed two important charts with Instructions and Next Steps to follow if you are ill (whether you are positive or negative for COVID-19). Those charts are on our website and also linked below:

Ill NJ Residents who Tested Negative for COVID-19: Instructions & Next Steps

NJ Residents with a Positive COVID-19 Test: Instructions & Next Steps

# I am concerned about self-quarantining for 14 days, and I am worried that I cannot get out and get things that I need.

The township has established a task force to help with these dilemmas. We all know how important it is to self-quarantine if you are not feeling well. We have to do this if we have a chance at slowing the spread of this pandemic.

The township has established a hotline for non-emergency calls.

#### 908.647.8000 x995

This hotline has been established to assist our residents with their basic needs. All phone calls are confidential. You do NOT need to disclose any health information; you just need to let us know what help you need. For example, you might need help getting your prescriptions or groceries. When you call the hotline, you will hear a brief message and then you can leave your contact information. Someone will call you back shortly.

# I am not self-quarantining, but I am staying at home. Can I also use this hotline?

**YES!** For Long Hill Residents with non-emergency questions or needs, this hotline is there for you. Dial 908.647.8000 \*995. You will hear a recorded message with updates regarding the pandemic and you may then leave a message. Our local Office of Emergency Management has trained staff that will pick up your messages and respond back. Again, all calls are confidential.

# What is Self-Isolation/self-quarantining and how is this different from social distancing?

If you are experiencing symptoms such as fever, cough and shortness of breath, then practice *Self-Isolation* by removing yourself completely from people who are not sick. If you are symptom-free, then practice *Social Distancing* keeping a distance of at least 6' from everyone and stay at home whenever possible. Click <u>HERE</u> for an information sheet from NJ Health on this topic.

I have questions about unemployment claims and assistance that may be available to me. It is all a bit overwhelming, and I don't know where to start. Can you give me any ideas?

Please click <u>HERE</u> for an informational document from Assemblyman Kevin Rooney's Office with resources and links for specific concerns.

In addition, you will want to check out the following as they may help depending upon your situation:

ROI-NJ.com asked 50 questions of NJ Dept. of Labor Commissioner, Robert Asaro-Angelo. Click HERE to read the article.

United Way of Northern NJ announces The **ALICE Recovery Fund** Program—a grant program for lower income working families. Click <u>HERE</u> to read the press release.

US Chamber of Commerce "Coronavirus Small Business Survival Guide", click HERE

NJ Economic Development Authority is offering assistance programs for NJ businesses, click HERE.

Information on the IRS stimulus checks, click HERE.

The state's jobs and hiring portal, click **HERE**.

List of lenders participating in the PPP (Paycheck Protection Program). Click <u>HERE</u>.

# What is closed in town and what township services are impacted?

Click HERE for the current list of "Canceled and Closed" for township services.

Click HERE for a letter from our Township Administrator regarding town hall services.

Remember, on March 21<sup>st</sup>, Governor Murphy announced a Statewide Stay at Home Order and Closure of All Non-Essential Retail Businesses. Click HERE for the article.

I'm confused...what are "essential businesses vs. non-essential businesses"? I'm trying to figure out what is open.

Executive Order #107 from Governor Murphy's Office deals with this subject. This <u>link</u> to the Morris County Office of Emergency Management has a great summary of this order.

#### I heard a rumor about garbage pick-up services changing. Can you clarify?

Yes. Garbage and recycling pick-ups are running as normally scheduled will the exception of bulk pick-up. Bulk pick-up is suspended during April. In May, there will be TWO (2) bulk pick-ups to make up for the one lost in April. During the weeks of May 11 and May 18 on your regularly scheduled garbage pick-up day, you may place up to two (2) bulk items out each week. Scrap metal

and applicance/electronics pick-up is still being done as scheduled. Click <u>HERE</u> to see the garbage & recycling calendar located on the town website.

# We have been doing our spring yard work. Can we still get mulch deliveries?

Yes. Mulch is still available. Residents can pick up mulch at the DPW yard (M-F 6:00am – 2:30pm and Saturday 8am to 12noon) or have it delivered to their home. Delivery fee is \$100 payable by check only to Long Hill Township. Contact DPW to schedule an appointment.

#### I would like to help. How can I get involved locally?

At this time, we should all be sheltering in place. However, we can still check on neighbors by calling, emailing or texting. Even if they have the physical supplies they need, sometimes just hearing a friendly and helpful voice is there just in case, is a great comfort. Help us get the word out to your neighbors as well about our local hotline for anyone who has questions or needs of a non-emergent nature (908.647.8000 \*995, and leave a message).

During these difficult times, there are also lots of good people who want to volunteer their time and services. You probably read in the local paper about some local efforts to connect volunteer shoppers with residents in need of help with their grocery shopping. These types of spontaneous volunteer groups are part of the fabric that makes Long Hill Township such a special community.

Think about how you might like to help in the future by becoming a member of one of our local volunteer groups. Contact information is below so that you can learn more about each of these groups that we rely on during times like these.

Long Hill First Aid Squad website: <a href="https://www.longhillnj.gov/firstaid/index.html">https://www.longhillnj.gov/firstaid/index.html</a>

Long Hill Volunteer Fire Departments website: <a href="https://www.longhillnj.gov/fire/index.html">https://www.longhillnj.gov/fire/index.html</a>

Community Emergency Response Team (CERT) and the Medical Reserve Corps. (MRC) – Please contact OEM Coordinator Shayne Daly at 908.647.6131 or by email at <a href="mailto:oemcoordinator@longhillnj.gov">oemcoordinator@longhillnj.gov</a>

These groups are all great assets to the township, and they are always looking for new volunteers. Eventually, they will be looking to train new members again to help in the future.

**PPE Donations**—please contact Al Gallo if you items to donate:

Stirling Fire Chief Al Gallo Email: roads@longhillnj.gov or Call (908) 647-0070

#### **Donations of Cloth Masks**

Donations of cloth masks to be shared out to our community are welcome! Please call the Office of Emergency Management to arrange a no-contact drop off (908) 647-6131.

# **Food Donations**

All Saints' Episcopal Church in Millington is collecting food for their food pantry.

website: <a href="http://www.allsaintsmillington.org/outreach.html">http://www.allsaintsmillington.org/outreach.html</a>

Donate food, baby supplies & toiletries.

Suggested items; Peanut butter, jelly, cereal, oatmeal, canned tuna or chicken, canned vegetables & fruit, dry goods like beans, flour, rice, pasta, granola bars, apple sauce, diapers, Enfamil formula, soap, toothpaste. Items may be dropped off at the side entrance of the church in the food barrel.